

Shamika muduli

DOB-13-Jul-08

Attendance-183 days out of 183 days

Report for 2024-25(first term)

INTRODUCTION



My name is Shamika Muduli. I am a 16-year-old girl studying in 12th-grade. I am preparing for my exams and love to paint. Painting is my favourite subject, and I enjoy doing art. Whether I am sad or happy, painting helps refresh my mind. It is very interesting to me, and I work hard to improve my skills. Now, I am studying diligently for my exams.



YOGA

I love doing yoga because it refreshes my mind. It helps in my daily life and is healthy for me. Yoga makes my body flexible, and I enjoy practising it. It is an important part of my life. I feel good after



doing yoga; it feels like all my worries go away, and I find peace. The asanas inspire me and give me a good feeling.

SHRAMDAN



Shramdan is very enjoyable for me. I always listen to didi and complete the work properly. It also helps me in my daily life. While doing Shramdan, I feel a different kind of satisfaction. It is very interesting for me.



GAMES

I like to play basketball very much. I do exercises before playing to prevent injuries. I have improved in basketball, football, and volleyball. I ensure that I exercise properly to avoid getting hurt.



HISTORY

I enjoy studying history and find it easy to understand. I take online classes with Rachna Didi, who explains the topics very well. I have finished the first book of history and am currently working on the second. History is fascinating to me, and I am completing all the question-and-answer assignments. I have learnt many new things and can remember what I have been taught, allowing me to answer questions confidently.

PAINTING

Painting is my favourite hobby, and I enjoy it immensely. I am currently practising for my exams, and the new painting book is interesting. I love drawing and painting, and I often practise my art. It brings me joy and is beneficial for me.



CELEBRATION



In celebrations, I love to perform and enjoy the experience. However, this time I couldn't perform because I didn't have enough time to prepare. I did participate in a program on August 15th, performing "Shubh Din Aayo," which was easy for me



to learn. Sometimes, I teach small children dance classes, and they perform on special occasions. I enjoy every aspect of celebrations, often

performing alongside the children when they need help.

VOLUNTEERING

I enjoy teaching small children and currently teach the youngest group at school. I teach them songs, engage them in activities, and tell them stories. I do my best to teach them effectively and help them understand. I use



different methods and various objects to enhance



their learning. Most of the time, they grasp the concepts well. I also teach them chanting and songs, along with activities like colouring, painting, and playing with building blocks and

clay. I enjoy teaching them, but sometimes it can be challenging.