Pramod Krisani

DOB-05-Apr-2011

Attendance-180 days out of 182 days

Report for 2024-25 (Second term)

Introduction

My name is Pramod Krisani. I am 14 years old and I study at Auro-Mira Vidya Mandir in Kechla, Koraput, Odisha. My favourite sport is football.

Yoga

I do yoga at 6:00 AM every morning, and I am very punctual. I can do more than half of the asanas because I always warm up first before starting. My body is a little stiff, but I still try





asanas perfectly. In yoga, I practice many types of asanas like Virasana, Mayurasana, and Padmasana, and every day I challenge myself with difficult asanas.

Shramdaan

very hard to do the

In Shramdaan, I used to do different types of cleaning, such as hostel cleaning, school cleaning, and girls' hostel cleaning. I liked doing school cleaning and gardening the most. Nowadays, I attend maths classes because I need to catch up. However, when Bhaiya is on holiday, I participate in Shramdaan by working in the garden. I enjoy weeding, watering plants, and digging.

During hostel cleaning, I like doing open drain cleaning and mopping.

Science

In science class, I am studying the Class 10 book. We work on projects and do presentations.

I solve many questions, and when Bhaiya asks us to read a chapter, I

make sure to read and learn it properly. Sometimes, we also do activities related to



the chapter.

We write simplified notes with Bhaiya. Occasionally, I answer questions that he asks.

In biology, I have completed some chapters, and I enjoy drawing the structure of the nucleus, cytoplasm, ribosomes, etc.

In physics, almost all the chapters are about to be completed. I also write short notes and sometimes do experiments.



In chemistry, I have finished four chapters, made notes, conducted experiments, and studied models. I have learned about electrons, protons, and neutrons. I also completed a project on atomic numbers and mass numbers.

English

In English, I have finished the first and second books. My spelling needs improvement, and I enjoy reading books, but during group reading, I read a lowly.

I have understood all the chapters and given chapterwise tests, in which I scored good marks. However, my spelling mistakes affect my writing,



so now I am studying grammar with Didi.

In English class, we learn many songs, which we sing during assembly. I also practice passage writing and do free reading.



Hindi

In Hindi, I am studying the Class 10 book. I have given chapter-wise tests, and only one chapter is left.

In some tests, I failed certain chapters, but I gave a retest and improved my scores. I scored good marks



in some chapters, and when I don't understand something, I ask Didi for help.

My spelling needs improvement, as I make spelling mistakes while writing tests.

On Mondays, I sometimes do free reading, where I like to read short stories. However, I am a slow reader and am trying to improve.

If I find a chapter difficult, I ask Didi or go back to understand it better. Sometimes, I get distracted by my side benchers, but I try to focus.

I find poems easy, and sometimes stories as well.

Maths

I like to do maths. Right now, I am studying the Class 8 book. When I find something difficult, I ask Didi or Bhaiya for help.

Before this, I was studying the Class 7 book. Sometimes, I find certain questions difficult, so I try to solve them on my own first before asking for help.

In tests, I usually score more than half marks, but sometimes I fail in certain chapters. Now, I am trying to improve and aim to score full marks.

When Didi gives us homework, I complete it on time. I try to solve problems on my own first and only seek help when needed.



SOCIAL SCIENCE

In Social Science, I am studying from the Class 10 book, and Didi helps in making big notes smaller and simpler. Sometimes, I have difficulties in Civics, and I take help from my teacher. When I have any problem or difficulty in understanding any word or sentence, I also ask my teachers. Some of the Civics





chapters I studied were easy. I enjoyed studying them and wanted to finish them quickly. To understand more clearly and better, I studied other books to clear my doubts.

In Geography, I have finished all the chapters and taken chapter-wise tests. I got good marks in some chapter tests. In History, I understand very well and have completed all the chapters. For more understanding, I read books from the library. Sometimes, I do question-answer exercises in class, but sometimes I get distracted.

ODIA

I liked doing Odia class. In Odia class, we used to do story reading, group reading, and dictation writing. My reading is neither too fast nor too slow. My dictation is good. I am not able to speak in Odia properly. Nowadays, I don't do Odia class because of my 10th exam.

ART

I do art class once a week on Saturday at 2:30. In art class, L do drawing, painting, colouring, craft, making hanging things, and many activities. I make drawings of nature and drawings with cool and warm colours. I like to colour and draw pictures. In our art class, I made a beautiful hanging craft for our group. I enjoy doing art class. I always try to



finish my work on time with nice finishing.

DANCE

I like to dance, but I don't enjoy dance class as much. I have learnt many steps in dance. I dance with my friends, and I love it. I don't get scared on stage. We also learnt a dance for enjoyment. When Didi teaches us, I learn the steps and enjoy dancing. In dance class, I learnt the *Dasa Avatar* performance for the Sports Day celebration.



COMPUTER

I like computer class. In computer class, I do typing and sometimes painting. Nowadays, we focus on typing, and I am working on Lesson 8. In typing, I cannot type fast.

SELF-STUDY

In self-study, I study on own, including my Science, Maths, Social Science, Hindi, and sometimes English stories. In Science, I do my homework and write notes on the chapter I am studying. In Maths, I solve problems on my own, but if I don't understand something, I ask. In Social Science, I complete the homework questions, and when a test is coming up, I revise for it.

GAMES

In games, I play football, basketball, volleyball, and minor games. Football is my favourite game. In football, I am either а goalkeeper, defend the goal, sometimes or play forward and





try to score. I like playing basketball, but sometimes I don't enjoy it as much. However, I like scoring baskets. In basketball, I have learnt many tricks. I also do running, running exercises, and other exercises.

CELEBRATION

For Sports Day, I performed the *Dasa Avatar* dance and Taekwondo. I liked participating in the celebration because I remembered the steps and performed them properly. I was not scared while performing and had practised many times, so I was able to do it nicely. On New Year's, we did a village dance with my classmates, and I enjoyed it. Everyone loved the dance. On Republic Day, I did the flag hoisting at school. On the Mother's birthday, I participated in a march at the ashram, and during *Basant Panchami*, I played the *tabla*.

Trip (Odisha, Bihar, Uttar Pradesh)

From Kechla, I went to Koraput station by From bike. the station, I took a train to Bhubaneswar. In Bhubaneswar, Т visited the Gauri Temple. I liked the structure of the Gauri Temple. Then, I went to the Lingaraj Temple and later visited the Science Museum, which I really liked.

The next day, I went Nandan Kanan, to the biggest zoo in Bhubaneswar, where I saw many animals being conserved. After that, I visited Dhauli Giri, where I beautiful saw а temple. The following day, I went to the Konark Temple





and saw the statues of ancient people and the intricate carvings on the temple's wheels. I liked the Konark Temple.



In the evening, I went to see the Jagannath Temple. It was very crowded. Inside, I saw the statues of Jagannath, Balabhadra, and Subhadra. The next day, I visited the Alarnath Temple and Chilika Lake. I liked Chilika Lake, where I saw dolphins and birds. After that, I went to Bhitarkanika, where I saw crocodiles lying on the ground and some inside the river. I enjoyed visiting Bhitarkanika.

The next day, I went to Simlipal to see the tigers, but there were none visible, so it wasn't very interesting. However, I liked the Simlipal

waterfall, where I also

clicked some photos. At Puri Beach, I took a bath; the water was so cool. Then, I visited the Panchalingeshwar Temple, where I saw the lingams of Shiva. I liked touching the five lingams.

After that, I took a train to Bihar and visited the Mahabodhi Tree. Then, I went to the Tibetan Temple, where I saw many Tibetan people. After



that, I saw the statue of Buddha, which was 80 feet

tall. The next day, I visited Vishnupad, where I saw the footprint of Vishnu. Then, I went to Dashrath Manjhi Road, which I liked very much. I also visited Rajgir in Bihar, where I took a bath in Brahmakund. The water was warm.

After that, I went on a jeep safari, where I saw bears, deer, lions, tigers, etc. The next day, I visited Nalanda University. The university was half



burnt, as the British had set it on fire. A *bhaiya* explained the history of Nalanda University to me.

After that, I travelled to Uttar Pradesh, where I stayed for two days. I visited the Ram Temple and Bhool Bhulaiyaa. Then, I went to the Sarayu River, the Clock Tower, and an art gallery. I liked the Clock Tower and the art gallery.



After that, I visited Shri Mahadev Mandir and Lucknow University.

The next day, I went to the Hanuman Temple. In the evening, I met an IPS officer and some sports personalities. The following morning, I visited the Eco Garden. In Jhansi, I visited Jahangir Fort and Rajaram Mandir. I also went to the Government



Museum in Jhansi. After that, I visited the Planetarium and Amar Ujala printing press.

On the 19th of November, I returned to Kechla. I enjoyed the very trip much. trip was a bit long, but I didn't bored. T especially liked the trip to Ayodhya.



