

**SHRAMDAAN:** I volunteer for school cleaning during Shramdaan time in the morning at 6:30. Initially, I felt very anxious and nervous when this duty was assigned to me. However, over the period, I have learned a lot about how to distribute and perform my duties. The elders have been very helpful and have provided me with enough guidance and knowledge to do the work well.

## **VOLUNTEERING WITH**

CLASSES: I teach maths to the Progress group. The class is very enthusiastic, and I have had a great experience being with them. This group requires a high level of energy, and it tests your patience. I also teach science to the gratitude group. We have covered a lot in physics, and teaching this group has strengthened my understanding of physics and



many concepts that I previously lacked. Additionally, I teach the project class to the perseverance and courage groups. I have learned a lot from teaching these classes and have gained insight into the behaviour, problems, and abilities of different children.





GAMES: Games have always been an integral part of my life, keeping me motivated even when I'm feeling down. I lead games twice a week, on Wednesdays and Saturdays. On one of these days, I focus on stamina-building exercises, while on the other day, I emphasize speed training. I believe that proficiency in these two conduct many experiments and test my abilities.



## **CELEBRATIONS**

We celebrate so many festivals in our school and we also have many functions. I fully engross myself in some of them and in some I support. I am always there to encourage the children, help with make-up and dressing and assist in stage decorations. On Christmas, I did the anchoring of the programme. For the

Sports Day, I guided the children to put up a Gymnastics presentation. On the next day we had put up a stage show in which we presented a play on India's Freedom struggle. I played the role of











**GAMES AND SPORTS-** I am an avid sportsman. I take great pleasure in playing football, basketball and volleyball. I am motivated and charged throughout the game. I sincerely do exercises and running and have been very disciplined and regular in all physical activities.



## **Trip to North-East**

Visiting the North-east was an immense pleasure and a new experience, allowing me to witness the cultural diversity of the region. The journey was filled with expectations, exploration, and immense joy waiting to be experienced.





My trip began on October 29th, as we boarded the train for the Northeast from Paliba station with a lot of excitement and hopes. Our first stop was Koraput, and in the afternoon, we took another train to Titlagarh. In Titlagarh, we spent the night at the dharmshala and left for Kolkata at 10 in the morning. After a long journey, we reached Kolkata the next morning and visited the Alipore zoo. We saw different species of animals, reptiles, and birds, although it was disheartening to witness the poor management of the zoo. Growing bored in the heat of Kolkata, we had our lunch at the zoo itself. In the evening, our journey to the Northeast began, and we arrived in Guwahati that evening, where we stayed in the dharmshala.



handicrafts made by tribal people, along with various weapons used for hunting and warfare. Our journey then took us to Tezpur, where we visited the renowned temple of Lord Shiva, built by the demon Banasura. After taking darshan from Lord Shiva, we went to Agninger, where Banasura had imprisoned his daughter Usha to prevent her from running away with her



We started our exploration with a visit to one of the oldest and holiest places, the Kamakhya Temple, dedicated to Goddess Sati. With limited time, we could only see the outer foundations of the temple and gather very little information. We also visited the Shankar Dev Kalakshetra Museum, where we saw some frightening facial masks of demons such as Ravana. The displayed beautiful museum





boyfriend Anirudha, leading to a war between the deities. A beautiful walk then led us to Ganesh Ghat, where we saw My next destination took me to the beautiful and desired place of Kaziranga, which stole my heart. I had never seen elephants, rhinos, wild boars, and other wild animals roaming around unchained. Although I didn't get the chance to ride one, I thoroughly enjoyed the jeep ride and witnessed many different flora and fauna, making it a thrilling adventure.



Our journey from Assam to Tawang was long, and we had to halt in Rupa due to a problem with the vehicle. However, I felt at home in Rupa, as the people there were as beautiful and kind as the nature surrounding them. We continued our journey to Tawang the next morning, and upon reaching Sela, I was mesmerized by the sight of soft, white snow falling and mountains covered in a blanket of snow. Despite the slippery roads, we reached Tawang with determination. We visited the China border, where a commander explained the strategic importance of the area, which remains a point of conflict. We then proceeded to Bomdila, where I saw many beautifully carved and painted monasteries. I also learned about the selection and recognition process for the next Dalai Lama. After exploring the Northeast, we reached



