Harekrishna kamar

DOB-12-06-2006

Report -2023-24 (first term)

Attendance-179 out of 183 days

Introduction



I am Harekrishna Kamar, a 17-year-old who has recently completed my 12th grade. My favourite pastime is playing football; I'm passionate about it. I've chosen English Honours as my field of study for graduation.

Study

Having successfully cleared my 12th grade, the following were my marks-

English 80 %

Data entry 78%

Home science 68%





History 51%

Physical education 78%

I've also enrolled at IGNOU, where I've opted for English Honours as my major. The first year comes with a total of eight books. With the assistance of Pranjal Bhaiya, I've managed to complete most of the first-year





syllabus. I'm currently independently working on the questions and answers for the books I've already studied, which include:

- 1. BEGC-101 Indian Classical Literature
- 2. BEGC-102 European Classical Literature
- 3. BEGC-103 Indian Writings in English
- 4. BEGC-104 British Poetry & Drama 14th-17th C.
- 5. BEGC-105
- 6. BEGC-106
- 7. BEGC-107
- 8. BEGC-108

Volunteering



I devote one hour to volunteering with young children. During this hour, I teach an English class. My activities involve teaching them how to read and write in English and introducing some basic grammar concepts. Volunteering with these young children is something I deeply enjoy. No external pressure pushes me to volunteer; it's entirely my own choice. Additionally, I assist in various school report tasks, such as layout design and renaming

children's photos, occasionally handling other laptop-related responsibilities.





Games

My sporting interests extend to football, basketball, and volleyball. Football stands out as my favourite, and I play it three times a week. Basketball and volleyball occupy my schedule twice and once a week, respectively.







Prior to participating in any game, I meticulously perform full-body exercises, gradually warming up by running to prepare myself for play.

Shramdan

I engage in various Shramdan activities every morning. These duties encompass



kitchen work, toilet cleaning, gardening, school cleaning, and hostel cleaning, each lasting an hour.

- In the kitchen, I'm often found helping to chop vegetables for the morning's breakfast. If time permits, I extend my assistance to prepare vegetables for lunch.
- Toilet cleaning involves collaborative work with my group, followed by sweeping the surrounding areas.
- In gardening, I contribute by turning the soil over to facilitate crop planting and help with weeding after digging.
- School cleaning involves tasks like sweeping and mopping, culminating in the disposal of the collected garbage.



• When cleaning the hostel premises, I tackle responsibilities such as cleaning drains and, when necessary, sweeping the veranda and steps. Occasionally, I handle spider web removal.

Festivals

I actively participate in a variety of festivals and celebrations. One notable event was my participation in a play about freedom fighters on







Independence Day (15th August), where I had the privilege of playing the role of Raj Guru. Throughout the year, I partake in many other festivals, including Mother's birthday, Ganesh Chaturthi, Raksha Bandhan, Dusshera, Gandhi Jayanti, the school's birthday, and Rathyatra.

Trip

One memorable experience this year was a trip to Delhi with younger children. Our journey included visits to various places:

 We began by visiting the Qutub Minar in Delhi, and from there, we travelled by train to Rishikesh, where we stayed at Swami Dayanand Saraswati's ashram.

In Rishikesh, our exploration included destinations like Laxman

Jhula, Rishi Vashist Cave, and the evening Ganga Aarti.

 We proceeded to Nainital, where we





spent three days and participated in activities such as Tiffin Top, Meditation Rock, rappelling, bouldering, and river crossing.





- I particularly enjoyed a 16 km walk to Kainchi Mandir and another 20 km walk to Ramgarh with Pranjal Bhaiya and a few other elder friends.
- In Ramgarh, we spent five days and explored places like the Mountain Paradise, where we also indulged in trekking.
- Finally, we returned to Delhi, where we visited several museums, including the National Museum, War Museums, Crafts Museum, Akshardham, Seven Wonders of the World, Humayun's Tomb, and the Lotus Temple.
- Our journey concluded with a visit to the Taj Mahal in Agra, a memory I will







cherish.

The trip was a truly enjoyable adventure, combining cultural exploration, outdoor activities, and sightseeing.

