



INTRODUCTION: My name is Brishti, and I am 18 years old. I am a student at Auro-Mira Vidya Mandir, currently in my first year of graduation. I will be taking my graduation exams through the Indira Gandhi National Open University (IGNOU) in June'24. I have submitted my assignments and am currently preparing









(WORL **SHRAMDAN OFFERING):** I am assigned to group E for shramadan. I begin my shramadan at 6:30 in the morning and conclude it at 7:30. During shramadan, I engage in various activities such as kitchen work, toilet cleaning, hostel maintenance, gardening, and school cleaning. These activities are rotated throughout the week. I prefer to work in silence.





KITCHEN: On kitchen duty days, I start at six in the morning and work until seven thirty. My tasks include vegetable preparation, disposal of food waste in the cow's bin after cutting, cleaning knives and cutting boards, and filling water filters.

TOILET CLEANING: During toilet cleaning, I scrub toilets, bathrooms, and wash basins with detergent powder. I clear any food stuck in the basins, dispose of the waste for cows, and empty trash bins. Additionally, I sweep the area in front of the toilets and clean open drains where leaves tend to accumulate.

HOSTEL CLEANING: For hostel cleaning, I tidy up common areas like corridors and staircases, removing spider webs and sweeping up scattered plastic waste. I also mop the dining area and tables. Upon completing my assigned cleaning tasks, I assist with other chores as needed.



growth, despite disliking the smell.

GARDENING:

During gardening sessions, I assist with watering plants and removing weeds to promote the growth of vegetables and flowers. I particularly enjoy watering plants and tending to the gardens both at school and in the hostel. Additionally, I apply dry cow dung around the plants to nurture their

SCHOOL CLEANING: In school cleaning duties, I attend to my assigned group, emptying trash bins of plastic and paper waste. I sweep the group area and, when necessary, mop and sweep the entire school campus, also collecting litter discarded around the campus grounds.

CELEBRATIONS: In my school, almost all festivals are celebrated with great enthusiasm. The stages are beautifully decorated during these programs. We celebrated the Mother's birthday on February 21st. I participated in a play with the Receptivity group titled "In Search of Riches."







I was assigned the role of the fairy. Although I felt a little nervous because I wasn't alert about when to enter the stage, I managed it well. Prior to this, I also performed a dance for New Year's, despite not being fully prepared.





On Holi, we gathered in the common room for a few minutes of meditation before heading out to play with natural colours made by the children. The teachers had set up stalls selling sweets and other food items. There were at least five stalls; while I enjoyed the sweets, I also visited the mehndi stall.

GAMES: I usually start my games at 4:15 pm every day after having my snacks. I do some exercises before heading to play. I enjoy playing basketball, football, and volleyball, but my favourite games are volleyball and basketball. On Fridays, I take turns supervising games for the younger

children. For the sports day, I collaborated with Suparna di to teach Lazium to the children. Our routine was based on Shiva Ji and included an army drill to hold the flag.







where I learned about various weapons used by tribes for hunting and warfare, as well their as domestic tools, crafts, and clothing styles. The following day, we visited the Kamakhya temple, which is related to Goddess Sati, before departing for

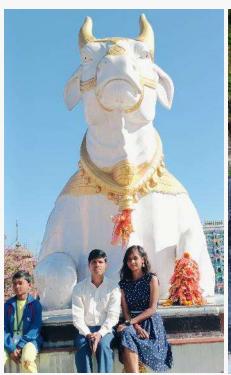


Tezpur. In Tezpur, we stayed at the Pastoral Centre and visited Maa Bhairav Temple, Agnigarh, and Ganeshghat. After exploring Tezpur, we packed our belongings and headed to Rupa. The journey to Rupa was long but enjoyable, with scenic views of winding roads and waterfalls along the way. We arrived in Rupa at 7:00 in the evening and stayed for one night, warmly welcomed by the kind locals who provided food and accommodation. They advised us to carry sweets as we were heading to a cold place where we might experience dizziness or headaches. The next morning, we

set off for Tawang. Enroute, we Sela, passed where I snowfall experienced and played in the snow. In Tawang, I marvelled at the snow-capped mountains and stayed at the government tourist lodge. We visited Bumla, where an army officer explained India's boundaries and related history.



Afterward, we visited the war memorial and one of the largest Buddha statues. Our plans were cut short by rain, so we returned to our rooms.









The next morning, we headed back to Rupa, and from there, we travelled to Kaziranga. Upon entering Kaziranga, we spotted animals from the bus before enjoying dinner, a bath, and a jeep ride the next morning, where we saw elephants, rhinos, wild boars, and deer, as well as tea gardens. From Kaziranga, we continued to Meghalaya, where we stayed at a pastoral center and visited the Seven Sister Falls. Elephant Falls, and Mawsmai Cave. Next, journeyed we Sikkim, reaching it at midnight. We visited Ganesh Top enjoyed breath-taking views of Kanchenjunga. We also visited Banjagri Waterfalls and explored the market beautifully area. decorated for Diwali. In Namchi, we saw the tallest statues of Lord

Shiva and Buddha before visiting Baba Mandir and a pristine lake. We also exchanged traditional dances with the locals. After leaving Sikkim, we returned to Kolkata, where we visited Science City and Victoria Memorial, learning about evolution and the freedom movement. We also visited Sri Aurobindo Bhavan

0000000 before departing for Kechla. Throughout the trip, I cherished the beauty of the snow-capped mountains, the warmth of the people, and the opportunity to immerse myself in the culture and traditions of the Northeast. We arrived in Kechla late at night, where the crops had been harvested, signalling the end of our memorable journey.

