

KAMLI KRISANI

DOB- 9th December'01

Attendance- 174 out of 183 days

Report For 2023- 24 (First Term)

Academic Pursuits



I've enrolled in an MA program, and my exams are scheduled for December. I've completed one assignment on "British Poetry" (MEG-01), but I confess that I haven't been putting in the effort required for my studies. Additionally, I was preparing for a B.Ed. entrance exam in Chhattisgarh, which presented challenges, especially in subjects like math, where I lacked prior experience. Despite my best efforts, I wasn't successful in the exam, leading me to secure admission at Bhopal IES University.



Community Service – Shramdaan

Lately, I've been participating in yoga sessions to improve my flexibility. My body had become rather rigid, which led to discomfort when attempting certain yoga asanas. Nevertheless, I enjoy the practice and am working to overcome my rigidity. Moreover, I've been involved in various forms of community service, including kitchen, toilet, and hostel cleaning. I also oversee children and engage with them in various activities.



Volunteering

I contribute to my school by teaching younger students. My volunteer work encompasses the following groups and activities:





- 8:30-9:30: Office work
- 9:30-10:30: Self-reading
- 10:30-11:30: Unity (English class)
- 11:30-12:30: Progress (English class)
- 1:30-2:30: Perseverance (English class)
- 2:30-3:30: Victory (Song and Dance)

Games

I take charge of the Friday games with the children, organizing exercises and play activities. Additionally, I engage in basketball games with older students.



Trip to Delhi

On September 16th, I embarked on a trip to Delhi with the Smile group children. Our journey commenced early in the morning, with a train departure scheduled for 7:30 AM. Despite having visited these places previously, my excitement remained high as I joined the children on this adventure. Upon arriving in Delhi, we prepared for a train ride to Rishikesh, reaching our destination late in the evening.



In Rishikesh, we resided at Sivanand Ashram, where we had the opportunity to stroll along the Ganga River, meet Swami, explore Ram Jhula and Janki Jhula, and partake in the captivating Ganga Aarti ritual. Our evenings were filled with soul-soothing satsangs and melodious songs. After two days in Rishikesh, we continued our journey to Nainital.

Upon reaching Nainital in the morning on September 22nd, we made our way from Rishikesh via train to Kathgodam station, where a bus awaited us. We settled in at Van Niwas, the Sri Aurobindo Ashram. The group was assigned rooms for accommodation.



A well-structured daily schedule, as relayed by Manish Bhaiya, guided our activities during the stay. Despite fatigue, our first day involved rest and relaxation. We enjoyed lunch at 12:30 PM and resumed resting. Later, we embarked on a trek to the View Point, also known as Lands-end.

Our days began with exercise at 6:30 AM, followed by breakfast and various activities. We participated in rock climbing, and I personally relished scrambling and bouldering. Our adventures included a trek to Meditation Rock and a visit to the Tiffin Top.





Upon packing our belongings, we headed for Ramgarh. A subset of the children, along with Pranjal Bhaiya and Didi, embarked on a long walk to Kainchi Mandir. After temple visitations, the remaining group set off for Ramgarh, and I thoroughly enjoyed the scenic walk with my friends and Bhaiya.



In Ramgarh, we explored the streams and relished the natural beauty. Although I skipped a walk due to tired legs, I couldn't resist the allure of the outdoors. The day began with a visit to the Paradise Mountain, followed by a long walk. At the stream, children enjoyed swimming while I documented their fun through photographs.

Before returning to Delhi, we tackled the challenge of climbing a tall mountain, which provided both a demanding and enjoyable trekking experience. As our time in Nainital concluded, we said our goodbyes and embarked on the journey back to Delhi.



In Delhi, our explorations took us to places such as Qutub Minar, Humayun's Tomb, the Science Museum, Seven Wonders, the Lotus Temple, and Akshardham. We also ventured to Agra to witness the grandeur of the Taj Mahal. These experiences allowed me to revisit these iconic landmarks and create lasting memories. Finally, we boarded a train back to our home base in Kechla.



