

Gratitude Group

Report for 2024-25(first term)

Social studies



This group right now has only 7 students. Five students will be appearing for their Class 10th exams in November'24, they are Chandra, Chetna, Jagriti, Prabhat and Shubhra. The remaining two- Radhika and Rukmani- will be appearing in May'24. Some of them are already in self-study mode and only come with difficulties. There are also a number of on-line classes conducted for them. Prior to class, we review news articles. Now that we've finished the NIOS course book, we've been

supplementing our studies with ICSE materials. However, all the other students are currently revising from the NIOS book because they've forgotten many topics. This week's study plan is in place, and in addition to the syllabus, we practise quizzes, stay updated on current affairs, do mapping exercises, and watch various videos.

Yogasana

Every morning the children practise yoga for half an hour. Students of this group are regular and punctual in all the classes.



Shramdan



Every morning, the children participate in a shramdan routine, focusing on cleaning the hostels, school, gardening, restrooms, and kitchen. Some students are assigned permanently to the girls' hostel to maintain cleanliness for an hour each morning. Additionally, those preparing for board exams are exempt from shramdan to allow for extra study time.

Music



The children of the Gratitude Group have music classes twice a week, where they practise the flute, tabla, and singing. They review raagas and songs taught by Shantanu da and also learn new pieces.



Games

Every day at 4:15 – 5:15pm the children have sports. It is compulsory for everyone to be present for the games. We begin by doing warmup exercises and play games according to the timetable. Basketball, football, frisbee, volleyball, fun games. The children love sports more than studies.



Celebration

