# Prabhat Krisani

REPORT for 2023-24 (First term)

DOB- 10th May'09

Attendance - 183 out of 183 days

#### **INTRODUCTION:**



I am Prabhat Krisani, a 14-year-old born on May 10, 2009. My father's name is Guru Krisani, and my mother's name is Bati Krisani. My father is a farmer, while my mother is a homemaker. I belong to a family of five, including one brother and one sister, whom I love dearly. I cherish spending time with my family and do not take many holidays. I am currently in the 10<sup>th</sup> grade at Auro-Mira Vidya Mandir, and I enjoy studying. I am part of the gratitude group, and I take great care to stay clean. I live in the hostel

and am content with the food provided. My favourite colour is red.

#### **ENGLISH:**

I have successfully completed both books of NIOS in English. Currently, I am in the revision phase for my board exams. During our studies, we usually cover two to three chapters, and the next day, we

engage in question-and-answer sessions with each other. We also revise the grammar portions of the book. Our group reading includes books like "A Thousand Splendid Suns" and "The Kite Runner" by Khaled Hosseini, which I found easy to understand. Currently, we are reading the



book "Siddhartha." I have also improved my handwriting, and I enjoy reading issued books.

## HINDI:

I have completed both NIOS books and am currently revising for my exams. During our Hindi class, we engage in free reading, and I make sure to ask for the meanings of words I don't understand. I have improved my writing and reading speed. We also cover various grammar topics, such as prefixes, suffixes, sentence construction, voice transformation, and essay writing. I regularly read stories from the NIOS books and have learned some words and sentences in Sanskrit. Additionally, we learned a bhajan and a patriotic song for Independence Day, titled "Humain Bharat Kehte Hai." We have also taken tests for the 1st and 2nd books and practice letter and essay writing.





#### **SOCIAL SCIENCE:**

I have successfully completed both NIOS books in Social Science and am currently revising for my board exams. During the revision process, we focus on the chapters that were initially difficult for me. Now, I find the concepts easier to understand. We are currently studying history and geography using the Ratna Sagar book. We study the chapters and discuss them in class. Additionally, we watch videos related to temples, kings, and current affairs. We have also created card games where we ask each other

questions related to social science. Library visits are a common occurrence to find additional information about the chapters we studying. We also cover the Ratna Sagar 10<sup>th</sup> class book geography and complete question and answer sessions for each chapter.

## **MATHS:**

I have begun studying the 10<sup>th</sup> class NIOS maths book and have already completed

the first book. I am currently working on the second book. I have successfully taken tests for each chapter. Some of the chapters were easy for me, while others introduced new topics like trigonometry, where I learned to apply formulas to equations. I diligently answer the intext and terminal exercise questions. The chapters feel easier for me, having studied similar topics in 9<sup>th</sup> grade.





#### **SCIENCE:**

In science, I have successfully completed both NIOS books and am now revising for my board exams. My favourite subject within science is chemistry.

**PHYSICS:** I am currently studying physics from the 10<sup>th</sup> class CBSE book. I am covering the chapter on electricity, and I find it easier than before. I have already completed the 9<sup>th</sup> class CBSE physics book from Ratna Sagar. I engage in solving numerous numerical problems, some of which are easy while others provide more challenge. I make detailed

notes for each chapter and complete exercises involving both solved and unsolved questions. We also take tests for each chapter.



**CHEMISTRY:** I have started the 9<sup>th</sup> class CBSE book. We have solved previous years' question papers and created a 3D model of the periodic table.

**BIOLOGY:** We have examined plant and animal cells, made anatomical models of the human body, and created a model of an ant colony. We also engage in various activities like mechanics and being a young scientist. We watch science-related videos to gain more information, including topics like Chandrayaan 3, bugs, and famous discoveries.

#### **FESTIVALS:**



Throughout the year, we celebrate many festivals. For instance, during Rojo, we create wooden swings, sing songs, and make sweets. On July 5th, we enjoy dances, dramas, and songs performed by



children. On August 15<sup>th</sup>, Independence Day, we put on a revolutionary drama, with me playing the role of Bhagat Singh. We also participate in speech, quiz, and essay competitions. In September, we celebrate Ganesh Chaturthi with songs and a ritual known as pushpanjali. We also perform a puppet show to explain the origin of Lord Ganesha's name.

#### **MUSIC:**



I play the tabla in music class, and I enjoy it. We practice different taals (rhythmic patterns) and work on improving our playing speed.

#### ARTS:

In art class, we engage in various creative activities such as wall painting featuring animals and trees. We also make hanging

pots with paper and create neurographic art using different colours. Additionally, we draw with oil pastel colours.

# **COMPUTER:**

In computer class, I have improved my typing speed by practicing with TypingMaster. We have worked with PowerPoint and Photoshop, where we edit photos.

# **GAMES:**

During our games sessions, we participate in running and exercise. We play games like football, basketball, and volleyball. We focus on drills and practices, and I particularly enjoy playing forward and scoring goals in football. Additionally, I have developed an interest in basketball and practice dribbling. In volleyball, I like to be a net keeper and am improving my serving and hitting skills.





#### **SHRAMDAN:**





I engage in shramdan early in the morning at 6:30 AM. I perform various cleaning tasks, including toilet cleaning, hostel cleaning, gardening, school cleaning, kitchen work, and cleaning in the girls' hostel. I take part in tasks like washing washbasins, cleaning toilets, sweeping, and mopping in toilet cleaning. For hostel cleaning, I remove spider webs, clean drains, and clean dining halls and tables. Gardening involves tasks like cutting grass, digging, planting, watering, and even

learning grafting techniques. School cleaning includes sweeping roads and cleaning gutters, while in the kitchen, I help with vegetable preparation and dishwashing. In the girls' hostel, we plant marigold, water plants, and remove weeds. We also collect cucumbers and guavas.

# **YOGASAN:**

I practice yogasanas at 6:00 AM. My routine includes warm-up exercises, stretching, Surya Namaskar (a sequence of yoga asanas), and

various asanas like Halasana, Chakrasana, Shoulder Stand, Triconasana, and Gomukhasana. We also do Shavasana, a yoga pose.

## **CO-CURRICULAR ACTIVITY:**

We have co-curricular activities every Tuesday, including subjects like math, Hindi, English, art, craft, speech, quiz, and dance. During these sessions, I solve objective-type math questions, focus on Hindi grammar, read books, discuss stories in English, and create stories. In the dance class, we learn different dance forms, including Odissi, and create drawings related to folk and classical dance. In art, we draw pictures of Lord Ganesha. We are also involved in craft, where we are currently making a swan by folding paper. In speech, we choose topics and give speeches. In the quiz section, we watch videos related to current affairs and provide answers.





