MANYA GOUDA

$DOB = 20^{TH} OCT 2009$

ANNUAL REPORT FROM 2023- 2024 APRIL

ANNUAL ATTENDANCE 363 DAYS OUT OF 366 DAYS



INTRODUCTION: My name is Manya, and I am 14 years old. I reside in the hostel, which I thoroughly enjoy. My favourite game is basketball, and I have a keen interest in reading books. Painting is another hobby of mine that I deeply cherish. I have one brother, and my birthday falls on October 20th. I am particularly fond of AMVM School, where I attend classes. On Tuesdays, I return home, and in the morning, I come back to school. Blue is my favourite colour.

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SOCIAL SCIENCE: My name is Manya, and I am 14 years old. I reside in the hostel, which I thoroughly enjoy. My favourite game is basketball, and I have a keen interest in reading books. Painting is another hobby of mine that I deeply cherish. I have one brother, and my birthday falls on October 20th. I am particularly fond of AMVM School, where I attend classes. On Tuesdays, I return home, and in the morning, I come back to school. Blue is my favourite colour.

ART: During art class, I engage in paper folding to create flowers and then proceed to draw and colour them. I also create sketches of village scenery.

GARDENING: In gardening class, I enjoy watering the plants and assisting with digging. My favourite task in gardening is watering, and I also help remove grass from the garden.

DANCE: I am currently learning a dance routine for an upcoming performance on July 5th. Despite enjoying dance lessons, I feel nervous when performing on stage.

COMPUTER: In computer class, I primarily focus on typing exercises, occasionally indulging in painting activities. I find typing enjoyable and am learning various typing techniques.

YOGA: I practice yoga every morning at 6 O'clock, performing various asanas such as Pashtimasan and Gomukasan. I derive great satisfaction from practicing yoga and strive to improve my technique.



GAMES: During games sessions, I start with running and warm-up exercises before engaging in various sports activities. Basketball is my favourite game, although I also enjoy playing football, volleyball, and other sports. Despite my enthusiasm for games, I sometimes tire quickly.

MEDITATION: During meditation sessions, I participate by singing songs and learning new ones. We also practice chants, which I enjoy immensely. Singing the songs brings me joy and peace.



MUSIC: In music class, I play the harmonium and sing songs. Our didi introduces us to new songs and teaches us sargams. We practice singing various sargams and showcase our learning on stage.

SHRAMDAN:

During shramdaan activities, I engage in gardening and particularly enjoy watering the plants. In toilet cleaning, I clean the basins and sweep the floors. When it comes to kitchen tasks, I prefer cutting vegetables. For school cleaning, I enjoy sweeping and tidying up the classrooms. Similarly, in hostel cleaning, I find satisfaction in sweeping

the floors. I genuinely enjoy participating in shramdaan activities.



CELEBRATION: During celebrations. I actively participated in various events. On November 29th, I sang the song "Mera Satguru Piya Reda." During Basant Panchami, I sang the "Hai Hans song Vahini." For Christmas. performed dance а that thoroughly

enjoyed, and I also sang the songs "Silver Bells" and "Go Tell It on the Mountain." Additionally, I danced with my friends during the festivities. During Holi, I had a great time playing with colourful colours, and I particularly enjoyed it when didis put colours on me. Overall, I cherished the celebrations and actively participated in them.



Although I felt afraid when performing the army drill on Sports Day, I made an effort to overcome my fear. Despite the initial apprehension, I thoroughly enjoyed Sports Day and the activities involved. SPORTS DAY: During Sports Day, I participated in the army drill. While practicing, I faced some challenges, but I persevered and continued trying.



On the 24th of August at 4 in the morning, we departed from Koraput station. By sevenfifteen, we boarded the train and headed to Kolkata. Upon arrival, we visited the Botanical Park where I admired various kinds of flowers and lakes. Next, we explored the museum, observing statues and swords, followed by a visit to the Queen Victoria Memorial where we learned about her history. In the evening, we boarded another train and reached Guwahati. There, we visited the Gandhi Mandap, which was incredibly beautiful. Later, we went to the Kamakhya Temple where I saw the large stone of Sati and witnessed goat sacrifices. In the evening, we visited the War Memorial, viewing pictures of people who fought

bravely. Boarding a bus, we travelled to Shillong, where we explored Mawsmai Cave, Root Bridge, Nohkalikai Falls, and the cleanest village. I particularly enjoyed the Root Bridge due to its scenic beauty with rocks and water. The cleanest village also left a lasting impression with its cleanliness and beautiful flowers. Continuing our journey, we went to Kaziranga, where I enjoyed an elephant safari. Next, we travelled to Dirang in Arunachal Pradesh, where we spent the evening roaming around the school. The next

morning, we departed for Tawang, where we stayed in an army camp and visited the China border and the second-largest monastery. From Tawang, we proceeded to Rupa for a night's stay.



The following morning, we travelled to the Blue Moon place, where we spent a day before boarding a train to Sikkim. In Sikkim, we stayed for three days, visiting the China border and staying at the Tiara Hotel, which I found to be a lovely place. In the evenings, we went for walks and attended a flower exhibition. Finally, we boarded a train back home, ending our memorable trip.



