# ANUSHKA GOUDA

(3rd October 2016)

VICTORY GROUP

(October 2023 - March 2024)

#### INTRODUCTION

Anushka is a very sweet and clever girl who regularly attends this group. She possesses a sharp intellect but tends to get distracted easily, indicating a need to enhance her concentration

skills.



#### Hostel Accommodation

Anushka thoroughly enjoys staying in the hostel, relishing the opportunity to meet new friends and engage in various activities. She returns home once a week to spend an evening with her family and promptly resumes school the following day.

# Health and Hygiene

In the hostel, Anushka ensures her personal hygiene by washing her clothes either on her own or giving them at home if necessary. She maintains a tidy living space by organizing her belongings and cleaning her room and group once a week. Additionally, she

participates in sweeping duties alongside her partner.

# Self-Sufficiency

During mealtimes, Anushka sits with her classmates and demonstrates good hygiene practises by washing her hands and plates before eating. Although she occasionally needs reminders to sit properly and eat quietly, she chews her food thoroughly and minimizes food wastage by consuming all vegetables.

### Morning Ritual

Anushka starts her day with circle time, engaging in chants and concentration exercises. In the evening, she participates in Satsang with her friends, singing songs with enthusiasm.

#### Shramdan

Anushka actively participates in shramdan activities, particularly cleaning grain (Chunai), where she separates dirt from pulses and cereals. She begins her shramdan at 6:30 am and concludes by 7:30 am before proceeding for breakfast.



### **ACADEMICS**

# English

Anuska has made considerable progress in speaking and comprehension in English language. Her understanding of complex text has developed significantly. She consistently uses context clues to decipher the meaning

unfamiliar words. She has a good retention skill as she is one of the leading star in the group. She remembers new poems or drama dialogues with less effort. But it is noted that, when she was given alphabets to learn with their sounds she was not very fast at that. Gradually when she realized that she is lacking behind, she made an effort to cope up with the fast children in the group and she finally did it. And now she is confident both in vowel and consonant sounds. (For more information please refer to the group report).



### Maths

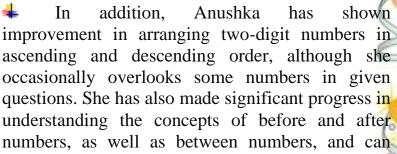
Anushka demonstrates exceptional cognitive abilities and is a fast learner. Over the past six months, she has made significant progress in her mathematical skills. Anushka has mastered reading and writing numbers up to 100 proficiently. She exhibits mental agility in skipping numbers 6, 7, 8, and 9, both mentally and in writing. Moreover, she has grasped the concepts of abacus and can accurately manipulate the beads to represent numbers. While using the abacus, she displays remarkable speed in problem-solving, although occasionally taking a few minutes to complete tasks.



problems (<, >, =).

Anushka particularly enjoys solving problems quickly when she thoroughly

understands the concepts involved.



effectively solve comparison

Anushka demonstrates confidence in solving addition and subtraction problems involving two-digit numbers with one digit, although she finds it slightly challenging to tackle two-digit to two-digit problems. She has benefitted from activities involving number cards and written forms to enhance her understanding of number arrangement in



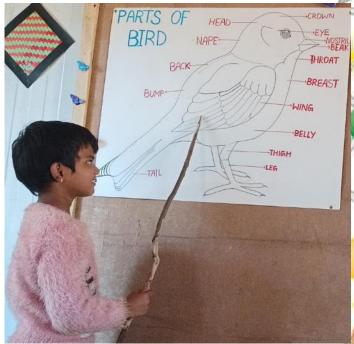
ascending and descending order. Overall, Anushka's dedication and progress in mathematics are commendable.

### Projects

Anushka's journey through various topics in her studies showcases her bright and engaged approach to learning, marked by active participation and a thirst for knowledge.

### Human Body Parts:





Anushka actively participated in class discussions displayed and solid understanding of external body parts. She successfully created a labelled diagram of the human body and confidently recalled the names of all body parts. Although Anushka took more time than others to complete tasks. her diligence promises improvement with time. She also acquainted herself with some internal body parts and distinguished between external and internal anatomy.

### 👃 🛮 Birds:

Anushka's interest in the birds topic was evident, as she diligently learned the names of

many bird species. Post-topic, she could identify birds both in her surroundings and in books. Anushka's drawing skills require more time and patience for refinement, along with a focus on neatness. She particularly enjoyed studying the peacock,

presenting detailed information about it alongside a well-crafted drawing. Anushka's enjoyment of bird videos and stories enhanced her learning experience.

### Things around us

Anushka's rapid progress acquiring new vocabulary during the "Things Around Us" topic reflects her dedication to improvement. Through diligent efforts and creative she effectively expression, expanded her language skills by learning and incorporating new words into her daily communication. Her ability to create vivid drawings depicting a bustling environment underscores her talent visual for representation and storytelling.

### ¥ Planŧs

Anushka thrived during the exploration of the plant kingdom. Her enthusiasm was palpable as she embarked on outdoor expeditions to



identify different plant species around her school premises. With remarkable ease, she absorbed knowledge about the importance of plants, their diverse types, and the intricate anatomy of a plant, leaf, and flower. Anushka's ability to comprehend complex concepts, such as photosynthesis and the classification of cereals, pulses, spices, and oilseeds, is commendable. Through her drawings and labelling exercises, she demonstrated a keen eye for detail and a deep understanding of botanical principles.

### ∔ Food

Anushka's curiosity and inquisitiveness shone through as she delved into the topic of food. Her eagerness to learn was evident in her active engagement, characterized by asking insightful questions and eagerly absorbing new information. She gained a holistic understanding of the role of food in sustaining life, including its classification into various types and the importance of maintaining a balanced and healthy diet. Anushka's practical involvement in preparing a sweet dish not only

reinforced her learning but also fostered a sense of accomplishment and confidence in her culinary skills.

#### CO-CURRICULAR ACTIVITIES

### Art and craft

Anushka possesses a charming personality, albeit occasionally talkative. Her drawings display skilful execution, though she could refine her paper-folding technique for neater results. She exhibits attentiveness and eagerness in her work, striving to accomplish tasks promptly.

### Sense

Anushka liked doing sense classes because she did various types of activities related to sense. Anushka enjoys all the activities in sense class and does it with interest. But she tries to finisher



her work quickly and then do something else. She tries to do her work neatly and cleanly and she has done many activities like mirror walk, rearranging the objects and also played games like leader-leader change the action, Chinese whispers and many other games. She enjoys playing games.

#### Dance

Anushka demonstrates a strong passion for dance, particularly enjoying folk dances. She has mastered the Sambalpuri folk dance in the song "Rasarkeli" and performs it with skill. Currently, she is venturing into learning Kathak, although she requires time to grasp the steps. Anushka is now learning a dance to the song "Ye Haseen Vadiya Ye Khula Aasman" with enthusiasm and determination.

### Puzzle

Anushka stands out as a talkative and less focused member of the class. She tends to disrupt her peers and shows a preference for solving puzzles assigned to others. Anushka's attention is easily swayed towards puzzles that catch her interest, often

causing distractions in the class. Despite her tendencies, she can complete puzzles with 60 to 80 pieces.

# Singing and drama

Anushka's enthusiasm for drama in singing class is evident. She finds joy in acting, especially appreciating the opportunity to wear beautiful costumes and deliver easy dialogues.





Her favourite song, "Socho Toh Kyu," resonates with her because of its beautiful tune and simple lyrics, which she quickly learns and eagerly shares with her friends. Anushka's passion extends to reciting poems, with "Krishna" holding a special place in her heart despite its initial difficulty. She relishes the challenge of learning and reciting this poem, showcasing her determination and love literature. Additionally, Anushka's for creativity shines through as she listens to stories and crafts her own narratives, adding another dimension to her participation in singing class.

### GAMES AND SPORTS

Anushka makes an effort to arrive punctually for games and enthusiastically participates in all activities, showing a preference for playing Ice and Water.

### CELEBRATIONS AND FESTIVALS



On Diwali, 12<sup>th</sup> November, Anushka attended evening meditation at the Ashram. Following the meditation, she lit diyas in the ashram yard and continued the tradition by lighting diyas in her hostel.

For Bhaiya's birthday on 29<sup>th</sup> November, Anushka took part in a beautiful play where she portrayed the role of a fairy, delivering her performance with grace.



On Christmas, 25<sup>th</sup>
December, Anushka
participated in a play
depicting 'the birth of
Jesus', portraying the
character of Mother
Mary. She
memorized her
dialogues and
performed the role
confidently.

expressing satisfaction with her portrayal.

During the annual sports day on 3<sup>rd</sup> February, Anushka embraced a new challenge by participating in pyramid formations. Despite initial apprehension, she overcame her fears and successfully participated in the formations, enjoying the experience.

On Basant Panchami, 14<sup>th</sup> February, Anushka sang a small song dedicated to Saraswati Maiya with her group, displaying confidence and familiarity with the lyrics.

On the Mother's birthday, 21st February she participated in a play "Flowers and stones". She had a character of a flower. She approached each task with a positive attitude and used time constructively when rehearsing in a small group. Among the four flowers one of the flower was absent. But





Anushka, along with her own dialogue managed to deliver other's dialogue also.

On the 29th of February, she celebrated Golden Day at school, where she learnt about



its significance through a presentation prepared by senior students.

On Holi, 25<sup>th</sup> March, Anushka enthusiastically participated in the festivities with the whole school, playing with natural colours and indulging in treats. She thoroughly enjoyed the celebration, indulging until her heart's content.