

# BLISS GROUP

## INTRODUCTION



The Bliss group consists of 21 children aged 6 to 7 years old, all of whom regularly attend school. They arrive at school between 8:00 to 8:30 in the morning, dressed in clean clothes. These children are well-behaved and pleasant to interact with.

Upon arriving at school, they engage in physical exercises followed by playing games, which they thoroughly enjoy. They maintain good hygiene practices by brushing their teeth and washing their faces and legs at school. They demonstrate respect towards their teachers and listen attentively during lessons.





In terms of academics, the children show proficiency in various mathematical concepts such as skip counting, backward counting, and basic addition and subtraction. They actively participate in projects, recently focusing on the topic of good health, which they have grasped well.

During circle time, the children gather for meditation and chanting. They demonstrate concentration and participate enthusiastically, enjoying singing songs with hand movements. Their eagerness to learn new songs and chants is evident, and they quickly pick up new melodies and rhythms.

## PROJECTS



The children thoroughly enjoy singing songs with actions and listening to numerous short stories. They have learned songs such as 'Mangoes Ripe Mangoes' and 'Dharti Upar Darya'.

For their project on 'Healthy Habits', the children in this group aimed to learn and raise awareness about maintaining a healthy and strong body.

They displayed keen interest in discussing this topic and engaged in various daily life activities. During

group discussions, most of the children actively participated and contributed to the work. Following the discussions, the children were asked several questions, and the majority attempted to provide answers. They were briefed on various points such as the importance of sleeping early and brushing teeth twice a day.

After the discussions, they created illustrations depicting various healthy habits and compiled them into a chart. Practical demonstrations were conducted to teach the children how to keep their teeth clean using a toothbrush and the appropriate amount of toothpaste. Additionally, the children were given daily baths using Lifebuoy soap and Dettol, as some of them had contracted scabies. After adhering to these practices for a few days, most of the children fully recovered and regained their health.



## MATHEMATICS

The Bliss group children exhibit a genuine enthusiasm for learning mathematics and engage in various activities to explore mathematical concepts creatively. They enjoy using tools like rangometry and judo cubes to create different designs and patterns, enhancing their understanding of mathematical concepts through hands-on experiences.



While their individual mental abilities may vary, they collaborate and learn together, supporting each other's learning journey. As they progress, they are divided into two sub-groups to cater to their different levels of understanding and grasping capacity.

In the first group, children have made significant progress in their mathematical skills. They have mastered counting from 1 to 100 and can represent numbers using beads-strings. They demonstrate

proficiency in counting backward from 20 to 1 and can skip count by twos up to 10. Additionally, they have a basic understanding of comparing numbers up to 20, distinguishing between big and small numbers.

In the second group, children display advanced mathematical abilities. They can visualize number patterns and count up to 200 without the aid of beads-strings, showcasing a strong grasp of place value concepts. They have



developed the skill of decomposing numbers from 6 to 10 and can apply this knowledge across various mathematical operations. Moreover, they excel in addition and subtraction, particularly with one-digit numbers, and demonstrate fluency in skip counting forward by various intervals.



However, they are yet to master skip counting backward and can benefit from further practice in this area. Additionally, they can solve word problems involving addition and subtraction, showcasing their ability to apply mathematical concepts to real-world situations.

## ENGLISH

The Bliss Group English class commences at 1:30 PM and concludes at 2:30 PM. The students are currently in the process of learning English and are in the initial stages of mastering spoken English. The session typically begins with the students



engaging in singing rhymes accompanied by actions, an activity they thoroughly enjoy. Throughout the class, they have been introduced to several new rhymes such as "The Ants Go Marching," "A-Ram-Sam-Sam," "Old MacDonald," among others. Rhymes serve as a valuable tool for expanding their vocabulary and honing



their listening skills. However, they often encounter difficulty in pronunciation, requiring extra time to memorize the rhymes.

In addition to rhymes, the class incorporates short stories presented with the aid of picture books. This storytelling approach not only captivates the students' interest but also facilitates comprehension and language

acquisition. Furthermore, the students eagerly participate in theatrical activities, demonstrating a keen interest in performing plays. For instance, they recently staged a play titled "The Tree Complaint" in celebration of 21<sup>st</sup> February. Although they initially faced challenges memorizing dialogues during rehearsals, their efforts culminated in commendable performances during the final presentation. Overall, the students exhibit enthusiasm and engagement in the English class as they embark on their language learning journey.

## ARTS AND CRAFTS

The children belonging to the Bliss group are highly engaged and enthusiastic participants in their art class activities. They approach each task with interest and energy, finding joy in the diverse range of activities offered. From drawing and





colouring to paper folding and painting, they eagerly embrace every opportunity to express their creativity.

Paper folding holds a special appeal for the children, who eagerly explore various designs such as fish, houses, boats, stars, butterflies, trees, and more. Their eagerness to learn new techniques and create intricate

designs is evident in their focused efforts during paper folding sessions.

Painting with watercolours is a beloved activity among the children, as it allows them to develop their fine motor skills while expressing themselves artistically. They delight in experimenting with different colours and techniques, bringing their imaginations to life on canvas.



Overall, the children of the Bliss group exhibit a genuine passion for art and creativity, approaching each class with enthusiasm and a desire to learn and create. Their active participation and dedication contribute to the vibrant atmosphere of the art class, fostering a love for artistic expression and exploration.

## GAMES



The children of the Bliss group commence their day at 8 am in the morning. Upon arrival, they begin with their morning routine, which includes brushing their teeth and freshening up. Following this, they engage in a brief prayer before embarking on their activities for the day. The purpose of this prayer is to seek protection, as the children believe it will keep them safe and unhurt during their various activities. At 8:30 am, the children commence their physical education session, which lasts until 9:30 am. They initiate this session with three rounds of running





around the ground and engage in warm-up exercises before delving into different games. These youngsters display a remarkable ability to quickly grasp the rules and techniques of the games they are taught. Due to the rainy season when outdoor activities are limited, the children engage in yoga sessions within their group. This allows them to continue their physical and mental exercises, ensuring their overall development and well-being.

## CELEBRATIONS AND FUNCTIONS

During celebrations, the students thoroughly enjoy participating in dramas and performances. They have successfully enacted various plays, such as the Hindi play





"Mouse and the Tree Sprite," with remarkable skill and enthusiasm. Each child has demonstrated the ability to remember their lines and understand the storyline, contributing to the overall success of the performances. Additionally, the students occasionally incorporate song and dance into their acts, adding an extra layer of enjoyment to the proceedings.

On sports day, they showcased their talents through a well-coordinated flower drill, executing each step with precision and maintaining synchronization throughout the performance. Their dedication and interest in these activities are evident in their spirited performances.

Furthermore, during special occasions like the Mother's Birthday, the students put on heartfelt plays, such as the one depicting the relationship between the Mother



and a banyan tree. Dressed in charming costumes, they delivered their lines with confidence and captivated the audience with their performances. Overall, the students exhibit a strong passion for drama and consistently excel in their roles, contributing to the success of every production.

